



## Pet Quality of Life Scale Daily Diary



**Directions:** Use the key factors of quality of life below to help assess your pet's condition. Use the Daily Diary to keep track of your pet's progress. Fill in the appropriate number for each category and then add the numbers from each category for that day.

<p style="text-align: center;"><b>MOBILITY</b></p> <p><b>2 Good Mobility</b> - No difficulty getting around, enjoys walks and going outside.</p> <p><b>1 Poor Mobility</b> – Difficulty getting up, hard to get in position to eliminate, short walks only.</p> <p><b>0 Bare Minimum Mobility</b> – Needs assistance, pain medication / anti-inflammatory medications do not help</p>	<p style="text-align: center;"><b>INTERACTION / ATTITUDE</b></p> <p><b>2 Interacts normally</b> with family and other pets</p> <p><b>1 Some interaction</b> with family and other pets</p> <p><b>0 Hides</b> in the closet or under the bed</p>
<p style="text-align: center;"><b>NUTRITION</b></p> <p><b>2 Good Appetite</b></p> <p><b>1 Poor Appetite</b> – Hand feeding, needs enticing</p> <p><b>0 No Appetite</b></p>	<p style="text-align: center;"><b>ELIMINATION</b></p> <p><b>2 Normal</b> urination and / or defecation</p> <p><b>1 Reduced/Irregular</b> urination and/or defecation</p> <p><b>0 No urination or defecation</b></p>
<p style="text-align: center;"><b>HYDRATION</b></p> <p><b>2 Adequate</b> Intake</p> <p><b>1 Poor</b> Intake</p> <p><b>0 Requires subcutaneous fluids</b></p>	<p style="text-align: center;"><b>DAILY ACTIVITIES</b></p> <p><b>2 Normal</b> favorite activities, hobbies, etc.</p> <p><b>1 Decrease</b> in doing favorite things</p> <p><b>0 No interest</b> in any activity</p>

**Scale**

**12-9** = everything is okay  
**6-8** = requires intervention  
**0-5** = Consider euthanasia

The maximum score is 12. You can determine your own scale, for example, if your pet suffers for heart failure or lung cancer, you can give half or quarter points if appropriate.

Date	Mobility	Nutrition	Hydration	Interaction/Attitude	Elimination	Daily	Total

Notes:



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